



Third BASIC B.Sc. NURSING, Winter 2015
Mental Health Nursing

Total Duration : Section A+B = 3 Hours

Total Marks : 75

Section - A & Section - B

Instructions:

- 1) Use **blue/black** ball point pen only.
- 2) **Do not** write anything on the **blank portion of the question paper**. If written anything, such type of act will be considered as an attempt to resort to unfair means.
- 3) **All** questions are **compulsory**.
- 4) The number to the **right** indicates **full** marks.
- 5) Draw diagrams **wherever** necessary.
- 6) Distribution of syllabus in Question Paper is only meant to cover entire syllabus within the stipulated frame. The Question paper pattern is a mere guideline. Questions can be asked from any paper's syllabus into any question paper. Students cannot claim that the Question is out of syllabus. As it is only for the placement sake, the distribution has been done.
- 7) Use a common answer book for all sections.

Section "A" (40 Marks)

1. Short answer question (**any five** out of six) : (5x5=25)
 - a) Write the principles of psychiatric nursing.
 - b) Music Therapy.
 - c) Signs and symptoms of phobia.
 - d) Write down levels of prevention in mental retardation.
 - e) Process recording.
 - f) Nursing management of patient with suicidal behaviour.

2. Long answer question (**any one** out of two) : (1x15=15)
 - a) Enlist signs and symptoms of mental illness. Write classification of mental disorders.
 - b) Define community mental health nursing. Write the role of a nurse in community mental health.

Section "B" (35 Marks)

3. Short answer question (**any four** out of five) : (4x5=20)
 - a) Alcohol Anonymous.
 - b) Write note on Anorexia nervosa.
 - c) Types of psychiatric emergencies.
 - d) Explain Nurses responsibility in legal aspects in psychiatry.
 - e) Management of Attention deficit hyperactivity disorder in children.

4. Long answer question (**any one** out of two) : (1x15=15)
 - a) Define group therapy. Describe the steps of group therapy. Write a note on application of group therapy in substance abuse patients.
 - b) Define mania. List clinical features of mania. Write nursing care plan of patient with mania.